

# 答案详解

## 第一部分 主题语境突破

### 主题一 人与自我

#### 主题群一 生活与学习

#### 语境1 个人、家庭、社区及学校生活

#### Part 1 必备知识

##### 活动一 基础知识课前自测

- I. 1. confident 2. eagerness 3. arguments 4. embarrassed  
5. challenging 6. attractive 7. curiosity 8. responsibility  
9. annoyed 10. various  
II. 1. As a result of 2. leave me alone 3. left/made a deep impression on/upon 4. From my point of view 5. went all out  
6. took a deep breath 7. had butterflies in her stomach  
III. 1. found him sitting alone 2. so that they wouldn't wake up their sleeping parents 3. it is necessary for me to find a native English speaker 4. It is because it has a long history and rich culture 5. was organizing my words in my head when

##### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ①for ②in ③with ④exchanged our ideas on  
⑤exchanged glances with me  
2. ①Apologies ②for ③to ④an ⑤a. make an apology to you for not being able to teach you b. apologize to you for not being able to teach you  
3. ①design; was designed; designer ②by; by ③be designed for everyone ④designed to help  
4. ①impression ②impressive ③What impressed me most  
④a. will surely impress you b. will surely be impressed with/by c. will surely leave/make an impression on ⑤Impressed by the beautiful scenery  
5. ①curiosity ②curiously ③about ④Curious to know  
⑤Out of curiosity  
6. ①to ②Referred ③In/With reference to table manners  
7. ①respectable ②respectively ③respects ④having/showing respect for the elderly ⑤respected him for; in every respect  
8. ①with; about/over ②into ③arguing ④argued with each other  
9. ①concerned; concerned; concerns ②concerning ③As far as I'm concerned  
10. ①into ②on/upon ③to ④am looking forward to receiving your early reply ⑤Look out; looked through my backpack

##### 障碍词汇综合练

- I. 1. ①n. 讲座 ②v. 训斥 ③n. 教训 2. ①n. 公司 ②n. 陪伴 3. ①v. 复习 ②v. 修改 ③n. 复习 4. ①n. 内容 ②adj. 满意的 ③n. 目录 5. ①v. 尊重 ②n. 尊重 ③n. 方面  
II. 1. Encased 2. Entrapped 3. enclosed 4. enlarged

#### Part 2 关键能力

##### 活动一 过阅读关

【语篇解读】 本文是一篇新闻报道。文章主要介绍了学校菜园项目 Urban Sprouts 的启动背景、目的、内容和意义。

1. D [细节理解题。根据第一段中的“says Abby Jaramillo, who with another teacher started Urban Sprouts”可知, Abby Jaramillo 是 Urban Sprouts 项目的创始人之一。故 D 项正确。]  
2. C [细节理解题。根据第二段中的“The kids... come to us thinking vegetables are awful, dirt is awful, insects are awful.”和“some are initially... turned off by the dirt”可知, 这个项目刚开始时面临的一个问题是她的一些学生不喜欢干菜园的活。故 C 项正确。]  
3. A [推理判断题。根据最后一段内容可知, 这个学校的菜园项目不仅让学生吃得更有营养, 而且还让那些有情绪控制问题的学生有成就感。由此可推知, 该项目的影响是深远的。故 A 项正确。]  
4. C [标题归纳题。通读全文可知, 本文主要讲述了 Abby Jaramillo 发起的 Urban Sprouts 项目, 带领学生种植蔬菜, 学生们开始对园艺感兴趣的故事。因此 C 项“蔬菜种植爱好者”适合作为本文标题。]

##### 语篇精读

- 二、1. ①adj. 低收入的 ②v. 数量超过 ③adj. 动手的; 实际操作的 ④v. 补充说  
2. ①培养科学技能 ②环保意识 ③健康的生活方式 ④害怕, 畏惧 ⑤使失去兴趣; 使厌烦 ⑥渴望, 急切地想要 ⑦由于, 因为 ⑧对……有安抚作用  
三、1. Jaramillo 的学生们居住在新鲜食物和绿地都不容易找到、快餐店的数量比杂货店还要多的社区里。 2. 尽管一些(学生)起初害怕昆虫, 也对泥土感到厌烦, 但大多数(学生)都渴望尝试新事物。 3. 此外, 在菜园里劳作似乎对 Jaramillo 所教的特殊教育学生有安抚作用, 他们中的许多人有情绪控制方面的问题。

##### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. I am more than thrilled to tell you 2. I can't wait to share; with you 3. The slogan I designed is 4. The judges sang high praise for it; but rich in meaning 5. I felt greatly honored to have won an award 6. what I did will inspire more students to read more

##### 下笔成文

##### 【参考范文】

Dear Chris,

I am more than thrilled to tell you that I won first prize in the Campus Culture Slogan Design Contest organized by my school last week. I can't wait to share my design with you.

The slogan I designed is “Reading makes a full man and good books make a wise man”. It is well-received for its using Chinese four-character idiom to showcase the close relationship between reading and wisdom. The judges sang high praise for it because it is simple in words but rich in meaning.

I felt greatly honored to have won an award in the contest. I love reading, so I hope what I did will inspire more students to read more. Let's enjoy reading.

Yours,

Li Hua

## 语境2 健康的生活方式、积极的生活态度

### Part 1 必备知识

#### 活动一 基础知识课前自测

I. 1. mixture 2. depressed 3. treatment 4. energetic  
5. relief 6. rewarding 7. convinced 8. reliable 9. achievement  
10. addicted

II. 1. threw herself into 2. made up my mind to pass on  
3. stressed out 4. worn out 5. passed out 6. prevented him from walking

III. 1. embarrassed and guilty 2. either go hiking; or stay at home reading an interesting novel 3. Whenever I encounter difficulties  
4. too shocked to react

#### 活动二 核心知识查缺补漏

##### 核心词汇多维练

- ①to introduce ②most reliable ③reliable; on/upon  
④a. rely on/upon him to offer me some practical suggestions  
b. rely on/upon it that he can offer me some practical suggestions
- ①to ②on ③restricted ④restriction ⑤restrict myself to using cell phone ⑥was restricted to
- ①making/to be made ②to be punished/punishing/punishment  
③deserves consideration/considering/to be considered ④most deserve our gratitude
- ①buying ②recommendation ③to ④strongly recommend the famous tourist attraction
- ①addicted ②spending ③be addicted to unhealthy eating habits

##### 障碍词汇综合练

- I. 1. ①v. 吸收 ②v. 使全神贯注 ③v. 理解  
2. ①v. 款待 ②v. 使快乐 3. ①n. 压力 ②v. 迫使  
4. ①v. 消费 ②v. 吃 ③v. 充满(感情)  
II. 1. to disconnect 2. dishonest

### Part 2 关键能力

#### 活动一 过阅读关

【语篇解读】 本文是一篇说明文。文章主要介绍了什么是适度饮食和怎样做到适度饮食。

- F [文章开头提出问题“什么是适度?”,空前两句给出了解释“Basically, it means eating only as much food as your body needs. You should feel satisfied at the end of a meal, but not too full.”,空后又讲到“But it doesn’t mean saying goodbye to the foods you love.”,因此设空处应承接上文,就适度进行进一步解释,且与空后内容形成转折。F项“对我们很多人来说,适度意味着吃得比现在少。”与上下文衔接紧密。F项中的“means”与上文的“means”和下文的“mean”的呼应也是提示。故选F。]
- C [根据本段的主旨句“Take your time.”可知,本段主要围绕“不着急,慢慢来”展开,且空后讲到“It actually takes a few minutes for your brain to tell your body that it has had enough food, so eat slowly and stop eating before you feel full.”,C项“不要在上班的路上狼吞虎咽。”符合语境。故选C。]
- E [空前讲到“And be careful about the foods you keep at hand. It’s more challenging to eat in moderation if you have unhealthy snacks at the ready, like cookies.”,因此设空处也应与适度饮食的正确做法有关。E项“相反,让自己置身于健康的选择中。”承接上文。故选E。]

4. B [空后讲到“Many of us also turn to food to deal with unpleasant emotions such as sadness, loneliness, or boredom.”。根据“also”可知,设空处也应与人们吃东西的目的有关。B项“我们并不总是为了充饥而吃东西。”符合语境,且能引出下文。故选B。]

5. A [结合设空处的位置可知,此处考查的是段落主旨句。根据空后的“A healthy breakfast”“Avoid eating late at night.”和“Try to eat dinner earlier and fast for 14—16 hours until breakfast the next morning.”可知,本段主要讲的是从早到晚如何合理饮食。A项“全天合理饮食。”适合作为本段的主旨句。故选A。]

#### 语篇精读

- 二、1. ①adj. 无意识的 v. 暴饮暴食 ②adj. 消化的 n. 休息 v. 控制  
2. ①感到满意 ②告别;放弃 ③慢下来 ④而不是 ⑤在手边 ⑥转向;求助 ⑦导致 ⑧放弃

三、1. 实际上,你的大脑需要几分钟时间才能告诉你的身体已经吃饱了,所以要细嚼慢咽,并且在感觉吃饱之前就停止进食。  
2. 一顿健康的早餐可以启动你的新陈代谢,而少量的、健康的餐食能让你一整天都保持精力充沛。 3. 研究表明,只在你最活跃的时候进食,并且每天让你的消化系统有一段较长的休息时间,或许有助于控制体重。

#### 活动二 过表达关

##### 应用文写作

##### 实用句式

- is of utmost/great importance; a fulfilling/rewarding life
- may be in vain 3. we should adopt a balanced diet; reducing high-calorie foods 4. Regular exercise is also essential 5. are vital for maintaining a healthy weight 6. Let’s take action now

##### 下笔成文

##### 【参考范文】

Dear fellow students,

As head of the School Health Club, I’m writing to address the rising obesity rate revealed in our recent school physical examination.

Health is of utmost/great importance. It’s the foundation of a fulfilling/rewarding life, enabling us to pursue our dreams and enjoy every moment. Without good health, all our efforts in study and other aspects may be in vain.

To achieve scientific weight loss, we should adopt a balanced diet, eating more fruit and vegetables while reducing high-calorie foods. Regular exercise is also essential, such as jogging, swimming, or playing sports. Additionally, getting enough sleep and managing stress are vital for maintaining a healthy weight.

Let’s take action now and embrace a healthier lifestyle!

School Health Club

##### 读后续写

##### 【参考范文】

But my excitement turned to embarrassment when I got a look at the photo. In the photo, I was literally twice Fonda’s size even though I looked my very best that day. She was thirty years older than me, but she looked better than me. I was so

overwhelmed by sadness that I shared my feelings with Jenny on the phone. But she comforted me, “Hey, it’s just a photo. Anybody would pale in comparison to a movie star.” I knew I couldn’t be as beautiful as Fonda, of course, but the photo was the wake-up call I needed. I had to make a change.

Without hesitation, I made a resolution to lose weight and get in shape. I recalled Jane Fonda’s workout program, so I found her workout tapes and followed her exercises. Like her, I started my fitness journey with gentle walks around my neighborhood, building up my endurance and speed. As I got more confident, I worked my way up to walking five kilometers, running road races and even marathons. Eventually, my efforts paid off and led me to lose 85 pounds. Thanks to my photo with Jane Fonda, I was on the path to a healthier and fitter me.

### 语境3 认识自我,丰富自我,完善自我

#### Part 1 必备知识

##### 活动一 基础知识课前自测

I. 1. election 2. instantly 3. gradually 4. suitable 5. graceful  
6. expression 7. cooperation 8. evidence 9. conclusion  
10. assumption

II. 1. devoted myself to teaching 2. boosted my confidence  
3. tended to hide 4. took to walking 5. put to the test 6. ended up canceling 7. trying out 8. attempted to

III. 1. I’m already mature enough to understand 2. had the door locked firmly 3. found it difficult to regain 4. Never had I anticipated

##### 活动二 核心知识查缺补漏

##### 核心词汇多维练

- ①to be ②a. pretended to have finished b. pretended that I had finished
- ①convincing ②convincing; convinced ③to take ④I am fully convinced that
- ①possessions ②possession ③in ④in possession of; in the possession of
- ①determination ②Determined ③determined  
④Determined to organize the theme class meeting wonderfully
- ①committed; commitment ②reading ③a. commits himself to b. Committing himself c. Committed to d. who is committed to e. committed to

##### 障碍词汇综合练

- I. 1. ①adj. 成熟的 ②v. 成熟; 成长 2. ①adj. 艰难的  
②adj. 坚强的 ③adj. 坚固的 ④adj. 严厉的 3. ①vt. 观看  
②vt. 遵守; 遵循 ③vt. 庆祝 4. ①vt. 陪伴 ②vt. 为……伴奏  
5. ①vt. 提高 ②n. 激励
- II. 1. irregular 2. immoral 3. illegal 4. invisible

#### Part 2 关键能力

##### 活动一 过阅读关

【语篇解读】 本文是一篇记叙文。文章讲述了泰瑞·博尔顿是DIY(自己动手)方面的能手,她擅长搭架子和拼装家具,这一能力得益于她小时候外祖父对她的培养。利用这一技能,她修饰房子,减少押金损失。研究表明,DIY已经成为暑期的项目,女性成为这一项目的潮流领导者。

1. C [词义猜测题。根据第一段的“Skilled at putting up shelves and piecing together furniture, she never pays someone else to do a job she can do herself.”可知,泰瑞·博尔顿擅长搭架子和拼装家具,她自己能做的工作从不花钱雇人做。据此可知,她是DIY方面的高手,故画线部分与“专家”的意思最接近。故C项正确。]

2. B [细节理解题。根据第二段的“A day’s work was rewarded with £5 in pocket money.”可知,一天的工作使她得到五镑零用钱的奖励。据此可知,她的外祖父给她零钱是为了奖励她一天的工作。故B项正确。]

3. A [细节理解题。根据第三段泰瑞·博尔顿所说的话“I’ve moved house many times... repaint a room to avoid any charges when I’ve moved out.”可知,她已经搬了很多次家了,总是喜欢把自己的房间布置得个性化,张贴上图画。所以,知道如何掩盖洞和重新粉刷房间是很有用的,这样搬出去的时候就可以避免被扣除任何费用。据此可知,她通过使房子看起来和入住时一样来避免损失押金。故A项正确。]

4. D [推理判断题。根据第四段的“Though DIY has traditionally been seen as a male hobby, the research shows it is women now leading the charge.”可知,尽管DIY传统上被认为是男性的爱好,但研究表明,现在是女性主导了这一潮流。据此可推知,DIY当前深受女性欢迎。故D项正确。]

##### 语篇精读

二、1. ①adj. 繁重的 ②v. 拼合; 组装 ③v. 认为是……的功劳 ④n. 押金 ⑤n. 收费 2. ①当涉及DIY时 ②铺设地板 ③为我的技能自豪 ④结束 ⑤张贴图画 ⑥进行DIY项目 ⑦带头行动,率先垂范

三、1. 她擅长搭架子和拼装家具,她自己能做的工作从不花钱雇人做。 2. 泰瑞现在和朋友们一起在伦敦西南部旺兹沃思区租了一套房子。她表示,DIY也能让她在租约到期时不至于损失任何押金。 3. 所以,知道如何掩盖洞和重新粉刷房间很有用,这样我在搬走时就能避免被扣除任何费用。

##### 活动二 过表达关

##### 应用文写作

##### 实用句式

- resonates deeply with me 2. even when things get tough
- The motto was put to the test last year 4. I struggled with
- Frustration crept in 6. instead of giving up, I adjusted my strategy 7. it was my consistent perseverance 8. brings me closer to victory

##### 下笔成文

##### 【参考范文】

##### Winners Never Quit

The motto “Winners never quit” resonates deeply with me. It means truly successful people are those who keep pushing forward, even when things get tough.

It was put to the test last year when I joined a robotics competition. Initially, I struggled with programming errors and mechanical failures. Frustration crept in when my robot broke down during trials. Yet, instead of giving up, I adjusted my strategy, studied late into the night, and learned from each failure. The turning point came when I redesigned the code logic—a small

change that doubled my robot's efficiency. Winning first place, I realized it was my consistent perseverance that led to my success.

This experience taught me that every effort, even if imperfect, brings me closer to victory. I'll carry this truth with me, not just as a rule, but as the fire/motivation that keeps me going.

## 语境4 乐于学习,善于学习,终身学习

### Part 1 必备知识

#### 活动一 基础知识课前自测

- I. 1. critical 2. analysis; evaluation; comprehension  
3. significantly 4. education 5. arrangements 6. abandoned  
7. definition 8. puzzled 9. subscription  
II. 1. Take it easy 2. are bound to 3. all the time 4. took a deep breath; compose herself 5. fit in with/adapt to 6. Instead of; putting it off 7. dawned on 8. get in the way of learning 9. is based on truth  
III. 1. not only does the proverb enable me to 2. it was the first time that he had been away 3. Now that you have expressed your determination

#### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ①to ②priority; over ③to be a top priority ④Prior to the class presentation  
2. ①exposing ②to ③exposure ④a. Exposed to traditional art forms b. Exposing themselves to traditional art forms  
3. ①assumption ②It ③Assuming ④It is generally assumed that ⑤Assuming/On the assumption that  
4. ①to acquire ②acquired ③acquisition ④have acquired a good knowledge of English ⑤acquire the habit of  
5. ①enthusiasm ②enthusiastically ③about ④are enthusiastic about ⑤Inspired by the enthusiasm and encouragement  
6. ①to think ②urgent ③an ④(should) take ⑤reduce the urge to snack ⑥fought the urge to run off the stage

##### 障碍词汇综合练

- I. 1. ①n. 目标 ②adj. 客观的 2. ①adj. 抽象的 ②n. 摘要 ③v. 提取 3. ①n. 大师 ②n. 硕士 ③v. 掌握 4. ①v. 扩大 ②v. 详细阐述  
II. 1. uneducated 2. to unbind 3. unusual 4. unlock

### Part 2 关键能力

#### 活动一 过阅读关

【语篇解读】 本文是一篇说明文。文章主要介绍了在线学习的利弊。

1. G [空前句子表示“在过去的几年中,在线学习已经成为大学经历中的一个重要部分”,而空后一句用了“But”进行话题的转折,这说明该空是对前一句信息的补充。G项“一项调查发现 29%的大学生注册了在线课程”,能进一步说明在线学习的地位。故选G项。]  
2. F [空前是两问句,表示“但是所有的在线课程都一样吗?你如何确定数字化学习适合你?”,空后又提到通过采访的形式来获取对在线课程的建议。由此可判断出,该空应该承接前面的两个问句,并且句意上应该是递进的。选项中有两个问句,C项“你知道在线课程也是你教育的一部分吗?”,F项“如果你

参加在线课程,你能做些什么来确保获得最好的成绩?”,其中F项是对前面两个问句的进一步补充,符合语境。故选F项。]

3. A [空前句“在线学习最明显的好处是你可以随时随地学习”强调了在线学习的自由灵活度,空后句引用一名大学毕业生的话“我认为很多人忽视的一个点是容易落后于计划”说明在线学习会容易错过截止日期,因此A项承上启下,符合语境。]  
4. D [空前的段首句提到“将在线课程纳入你的每周计划中,就像你在线下课程中所做的一样”,将在线课程和线下课程进行了比较;而空后句是由“He”开头的一句话,由此可推断出,这里的代词“He”必定指代该空所提到的某一个具体人物。D项不仅提到了具体的人物,呼应下文,而且也提到了在线课程和线下课程。D项承接上文。]  
5. E [段落主旨句。根据下文可知,该段是在探讨在线学习存在的一个问题,并且也提到了一名本科生给出相关建议来应对这一问题,即可以和朋友一起上在线课程。因此,E项“对在线课程的主要抱怨是它们缺乏人际互动”可以概括本段,并且其中的“human interaction”呼应本段第二句中的“social connection”,“complaint”则呼应本段第三句中的“problem”。故选E项。]

#### 语篇精读

- 二、1. ①adj. 自我激励的 ②adj. 当面的 ③v. 指出;特别提到 ④v. (逐渐)被忽视,被放任不管 ⑤v. 减轻  
2. ①看不见 ②落后 ③某事被提出 ④最终成为;最后处于 ⑤因此 ⑥导致;有助于 ⑦保持进度;不偏离目标  
三、1. 在选择在线学习之前,要考虑自己是不是一个有自我驱动力的学习者,以及学习内容是否足够有趣以支撑你坚持下去。  
2. 最常提到的建议很简单:把在线课程纳入你的每周日程安排,就像对待线下课程一样。

#### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. you're curious about how to use AI 2. adjust tasks based on personal progress 3. While AI improves study effectiveness; depending too much on it 4. negatively impact our health  
5. but we must use it wisely

##### 下笔成文

##### 【参考范文】

Dear Adam,

I am more than delighted to know that you're curious about how to use AI for self-study on weekends. We can make use of a variety of AI tools like smart learning apps, language programs with virtual tutors, or study helpers that offer timely assistance. These tools adjust tasks based on personal progress and offer flexible learning time.

While AI improves study effectiveness and caters to individual needs, depending too much on it may weaken problem-solving skills. Additionally, long screen time could negatively impact our health.

AI is like a helpful friend, but we must use it wisely.

Yours,

Li Hua



## 读后续写

## 【参考范文】

As we approached the clearing, I was still filled with excitement. When I observed more closely, I was amazed to see that the seedling had changed so much. Looking at me straight in the eye, Mrs. Thompson said gently but firmly, "Sam, with patience and persistence, every plant will surely grow, flower and eventually bear fruit. All you need is a little bit of faith in it, just like in your studies. If you can stop comparing yourself with others and stay more focused, your efforts will surely bear fruit, too."

Inspired by her words, I found that my hopelessness was replaced by a sense of confidence and optimism. I realized that my failure was just temporary if I was willing to learn lessons from my mistakes and find better ways to study. I also saw that comparing myself with others would only make things worse. From then on, I decided to study at my own pace, knowing that, like the seedling, I would grow and succeed in my own time. Actually, I did make it!

## 语境5 语言学习的规律、方法等

## Part 1 必备知识

## 活动一 基础知识课前自测

- I. 1. majority 2. global 3. opposing 4. alarming  
5. creativity  
II. 1. plays a growing role 2. dating back to 3. is closely connected with/related to 4. ups and downs  
III. 1. is of great importance 2. whatever goals I set 3. The reason why she volunteers 4. have trouble in making friends  
5. are most students interested in the topic; do they have enough confidence

## 活动二 核心知识查缺补漏

## 核心词汇多维练

1. ①with ②of; into ③in ④be contacted ⑤made an eye contact with ⑥avoid eye contact with  
2. ①Reminded ②reminder ③to put ④of ⑤reminded me that ⑥reminded me of  
3. ①is based ②basic ③on ④basis ⑤Based on my own experience  
4. ①to appreciate ②appreciation ③being given ④a. would be very grateful b. would appreciate it  
5. ①without ②equally ③to ④am equal to  
6. ①demanding ②in ③(should) be ④demanded to know

## 障碍词汇综合练

- I. 1. ①n. 人物; 角色 ②n. 性格 ③n. 文字 2. ①v. 主修……专业 ②adj. 主要的 ③n. 专业 3. ①adj. 平等的 ②adj. 胜任的 ③n. 同等的人; 相当的人  
II. 1. misfortune 2. misunderstood 3. misbehave

## Part 2 关键能力

## 活动一 过阅读关

【语篇解读】 本文是一篇说明文。作者主要介绍了自己喜欢用纸质词典以及使用这种词典的好处。

1. F [空前面一句提到:如果你想发表作品,提交一份完美、专业的原稿是至关重要的。F选项表示:这意味着语法不错和没有拼写错误。F选项是对前面一句的补充说明,阐明一份完美、专业的原稿是什么样子。故选F项。]  
2. B [空前一句提到:“我”不信任“我”的笔记本电脑的拼写检查程序。因此设空处应说明检测程序不好的一面。B选项表示:它不考虑上下文。B选项中的“It”指代前面的“spellchecker”。故选B项。]  
3. E [空后面两句话说明词典应该有准确的释义和读音。后面两句话的主语都是It,设空处应该提到It所指代的物。E选项表示:当然,词典不仅仅是用于拼写的。后面两句中的It指代E选项中的“a dictionary”,且E选项的意思和下文相辅相成。故选E项。]  
4. A [空前内容提到:作者买了两卷本的老词典,有2 672页,含有大约163 000个词条。空后一句提到:然而,如果“我”需要检查一个单词的起源或查找其用法的例子,没有什么比这更好的了。由此可知,设空处应表示作者不是经常使用这套比较古老厚重的词典,与后面形成转折。故选A项。]  
5. D [空前一句提到编写词典是枯燥的。空后一句提到花几分钟时间看一两页词典会是一次很有意义的经历。由此可知,设空处应表示看词典的好处。D选项表示:但读词典可以是一件乐事。D选项承上启下,符合语境。故选D项。]

## 语篇精读

- 二、1. ①adj. 附近的 ②n. 拼写检查程序 ③adj. 两卷的 ④v. 向……投以  
2. ①可能做 ②不辞辛苦地做某事 ③许多 ④此外 ⑤得到 ⑥查找 ⑦考虑  
三、1. 当然,如今有很多在线词典和同义词词典,但我足够守旧,更喜欢有一本硬封面、可以用手指翻阅书页的词典。2. 它应该会每个单词一个精确的定义,从而将其与其他含义相似但不完全相同的单词区分开来。

## 活动二 过表达关

## 应用文写作

## 实用句式

1. are commonly used by us students 2. Many of us turn to them  
3. they have brought great convenience 4. may weaken our language sense and independent thinking ability 5. after trying on our own 6. can we make the best use of these tools

## 下笔成文

## 【参考范文】

Dear friends,

Nowadays, intelligent translation tools are commonly used by us students in the English learning process. Many of us turn to them while doing homework or reading English articles.

Undoubtedly, they have brought great convenience, helping us quickly understand the meaning of unfamiliar words and sentences. However, relying too much on them may weaken our language sense and independent thinking ability.

Therefore, we should use them rationally. For example, we can use them to check the translations after trying on our own. Only in this way can we make the best use of these tools.

Thank you!

## 主题群二 做人与做事

语境6 优秀品行,公民义务  
与社会责任,劳动价值与工匠精神

## Part 1 必备知识

## 活动一 基础知识课前自测

I. 1. Unfortunately 2. guidance 3. achievement 4. gentleness  
5. discouraged 6. peaceful 7. passionate; disabilities 8. retired  
9. assignment 10. donation

II. 1. in tears 2. carried her through 3. keep their spirits up  
4. cheer her up 5. rose to their feet 6. made a difference 7. at the mercy of

III. 1. saw/witnessed the friendship of the two old people  
2. Having finished the marathon 3. his voice brimming/filled with pride 4. kept him going 5. The first thing to remember

## 活动二 核心知识查缺补漏

## 核心词汇多维练

1. ① was appointed ② appointment; to meet ③ appointed to deliver ④ make an appointment  
2. ① of ② To ③ relief ④ breathed a sigh of relief  
⑤ with relief  
3. ① buying ② considering/to consider ③ a. is well worth watching b. is well worthy to be watched/of being watched c. it is well worthwhile watching/to watch  
4. ① of ② merciless ③ merciful ④ the merciless rain kept beating her hard

## 障碍词汇综合练

I. 1. ① n. 宽慰 ② n. 救援物品 2. ① adj. 犯了罪的  
② adj. 感到内疚的 3. ① v. 使担负 ② n. 负担 4. ① v. 吸引  
② v. 参加 ③ v. 雇用 5. ① v. 打乱 ② adj. 失望;沮丧  
II. 1. decrease 2. depart 3. defend 4. deforested

## Part 2 关键能力

## 活动一 过阅读关

【语篇解读】 文章通过种种事例呼吁人们不要浪费食物。

1. B [推理判断题。根据第一段中的“I try to be mindful of food that goes to waste”以及“But I ended up working late... unthinkingly bought way too much”可知,作者有意识地避免浪费食物,但还是因为加班、和朋友聚餐以及买得太多而导致芝麻菜腐烂。由此可推知,我们有时会在无意中浪费食物。故选B。]
2. B [细节理解题。根据第三段中的“Producing food that no one eats wastes the water, fuel, and other resources used to grow it. That makes food waste an environmental problem.”可知,浪费食物的一个后果是引发环境问题。故选B。]
3. D [细节理解题。根据第四段中的“Last year it recovered more than 807,500 pounds of food by taking donations and collecting blemished(有瑕疵的)produce that otherwise would have rotted in fields.”可知,Curtin 的公司用人们不想要的食物来做饭菜。故选D。]
4. A [细节理解题。根据最后一段中的“whether by not purchasing more food than necessary in your weekly shopping or by asking restaurants to not include the side dish you won't eat”可知,Curtin 建议人们仅购买所需要的食物。故选A。]

## 语篇精读

二、1. ① v. 随手放置 ② n. 封面 ③ adj. 令人震惊的 ④ v. 接近,临近 ⑤ v. 回收;找回

2. ① 使圆满 ② 最终成为 ③ 违背 ④ 扔掉;浪费 ⑤ 变成 ⑥ 在……中起作用

三、1. 去年,它通过接受捐赠和收集有瑕疵的产品,回收了超过807 500 磅的食物——这些食物若不回收,本会腐烂在田地里。

2. 科廷说:“每个人都能在减少浪费中发挥作用,无论是在每周购物时不购买不必要的食物,还是要求餐馆不要提供你不吃的配菜。”

## 活动二 过表达关

## 应用文写作

## 实用句式

1. who are model workers to share their stories 2. has been devoted to teaching 3. Despite the difficult conditions; took good care of boarding students 4. I'm filled with admiration for Chen's story 5. true success lies in making a positive impact on others 6. I'm determined to follow in the model workers' footsteps

## 下笔成文

## 【参考范文】

## Learning from Model Workers

Last week, our school invited several outstanding graduates who are model workers to share their stories. One of them, Mr. Chen, has been devoted to teaching at a poverty-stricken mountain school since 1997. Despite the difficult conditions, he selflessly aided the students, funded learning clubs and took good care of boarding students.

I'm filled with admiration for Chen's story, which inspires me to face challenges courageously and pursue my dreams with the same selfless spirit.

This activity makes me realize that true success lies in making a positive impact on others. I'm determined to follow in the model workers' footsteps and work hard to make the world brighter.

## 读后续写

## 【参考范文】

I ran back to Gunter and told him the bad news. He looked at me with confusion. Flashing him another apologetic smile, I begged him for a delayed payment, telling him that the conference I would attend in Prague was so important that I couldn't afford to miss it. I asked him for his telephone number and promised sincerely to him that I would pay him as soon as I returned. To my surprise, he agreed. I thanked him again and again. Then I ran for the bus, jumped onto it and left.

Four days later, when I was back in Vienna, I called Gunter as promised. He picked me up at the bus station. I gave him a big hug the moment I saw him. We chatted happily on the way to the airport. I thanked him once again for his timely help and trust in a stranger. When he stopped his taxi outside the airport, I paid him the money including the fees I owed him last time and a generous tip. In this way, we became good friends and kept in touch with each other regularly.

## 语境7 生命的意义与价值、生命安全

## Part 1 必备知识

## 活动一 基础知识课前自测

- I. 1. different 2. ambitious 3. dusty; muddy 4. comfortably  
5. hunger 6. intensity  
II. 1. makes sense 2. get on 3. boil down to 4. sets her apart  
5. all in all 6. get ahead 7. to be frank 8. as well as 9. in the moment 10. a strong sense of achievement  
III. 1. What impressed me most 2. that he had won first prize in the competition 3. wasn't the destination; but the journey they took together

## 活动二 核心知识查缺补漏

## 核心词汇多维练

1. ① to rescue ② of ③ aimlessly ④ aimed at arousing our awareness of environmental protection ⑤ aimed at/with the aim of  
2. ① distance ② in ③ at ④ In the distance  
3. ① to reduce ② from; to ③ by ④ reduce white pollution  
4. ① to ② solving ③ contributed to the difficulties with our moving ④ make contributions/a contribution to/contribute to  
5. ① into ② from ③ living ④ adapt ourselves to new circumstances  
6. ① devotion ② protecting ③ devoted ④ devoted his entire life to the pursuit of scientific knowledge  
7. ① to limit ② serving ③ limited ④ limit your speed to 60 miles per hour  
8. ① to stop ② convinced ③ of ④ am strongly convinced that  
9. ① The ② On ③ above ④ of ⑤ on average

## 障碍词汇综合练

- I. 1. ① v. 改编 ② v. 适应 2. ① v. 投稿 ② v. 捐赠 ③ v. 增进 3. ① adj. 专业的; 职业的 ② n. 专业人士 4. ① n. 远处 ② n. 距离 ③ n. 关系疏远 5. ① adj. 坚强的 ② adj. 艰难的; 棘手的  
II. 1. overeating 2. overestimate 3. overlooks 4. overhead

## Part 2 关键能力

## 活动一 过阅读关

【语篇解读】 本文是一篇记叙文。文章主要介绍了 Kathy Ho 在开设在儿童医院中的学校里充当的角色,以及这所学校如何帮助患者在住院期间心怀梦想,继续学习。

1. A [细节理解题。根据第二段中的“‘Here’ is room 386, where each year, about 500 LPCH patients also become students... Most of Ho’s students will recover”可知,LPCH 的病人会成为学生,且绝大多数学生会康复。由此可知,Ho 教的学生就是医院中生病的孩子。故 A 项正确。]  
2. D [细节理解题。根据第三段中 Ho 对自己工作的描述“I’m a coach, an adviser, and a comforter, and that’s what it means to be a hospital teacher.”可知,Ho 既是教练,又是顾问和安慰者。由此可见,Ho 在工作中要扮演很多不同的角色。故 D 项正确。]  
3. C [代词指代题。根据画线词所在句“I feel like it is a disservice to the kids”和下一句“They think their teachers don’t care about their schoolwork.”可知,it 指代的是一种会让学生感到老师不关注他们学业的行为。结合上文中的“Some

teachers don’t give the kids any assignments; they express sympathy instead.”可知,有些老师不给孩子们布置任何作业,这种行为会让孩子们觉得老师不关注他们的学业,故 C 项应该是 it 指代的具体内容。故 C 项正确。]

4. B [推理判断题。根据最后一段中 Good 所说的话“It’s about problem-solving around what it means to have a full life. Those kids have dreams. School can keep those dreams alive by giving kids a way to learn and grow.”可知,医院学校让生病的孩子们拥有充实的生活,给他们提供了学习和成长的途径,让孩子们梦想得以延续。由此可见,Good 认为医院学校给孩子们带来的好处就是让他们能够带着希望生活。故 B 项正确。]

## 语篇精读

- 二、1. ① n. 手术 ② n. 学业 ③ adj. 平时的 ④ n. 作业 ⑤ n. 解决问题  
2. ① 不含;没有 ② 被置于首位;成为优先事项 ③ 害怕 ④ 最多 ⑤ 关心;在意  
三、1. Ho 的大多数学生将会康复,这意味着帮助他们做好重返校园的准备正成为护理工作中日益重要的组成部分。 2. Ho 说:“如果你对某件事感到恐惧,并且满脑子只想那件事,那你根本不可能学得进去。”

## 活动二 过表达关

## 应用文写作

## 实用句式

1. success is more than just reaching high levels of achievement  
2. It is about fulfilling one’s potential 3. set clear, specific, and achievable goals 4. with great determination 5. No matter how many difficulties I encounter 6. the importance of 7. A positive mindset can help me spot opportunities 8. I believe I can gradually move towards success

## 下笔成文

## 【参考范文】

## How to Achieve Success

In my opinion, success is more than just reaching high levels of achievement. It is about fulfilling one’s potential, growing as an individual, and making contributions to society. It is the result of continuous self-improvement and the ability to overcome various challenges.

To achieve success, I will first set clear, specific, and achievable goals. These goals will act as my guiding stars. Then, I will work hard with great determination. No matter how many difficulties I encounter, I will never give up easily. I also realize the importance of a positive attitude. A positive mindset can help me spot opportunities in setbacks and keep my motivation high.

In this way, I believe I can gradually move towards success.

## 语境8 未来职业发展趋势, 个人职业倾向、未来规划等

## Part 1 必备知识

## 活动一 基础知识课前自测

- I. 1. dedicated 2. journalist 3. prediction 4. willingly  
5. motivated 6. professional  
II. 1. bounced around 2. came to a conclusion 3. make choices  
4. provided me with food and accommodation 5. thinking about  
6. willing to believe in 7. up to you

- III. 1. There is little doubt that 2. It is generally believed that  
3. Be kind to everyone around you 4. The first time I tried to  
wrap a dumpling 5. there is no point comparing you with others

## 活动二 核心知识查缺补漏

### 核心词汇多维练

1. ① accused ② accusation ③ of ④ found myself accused  
of stealing  
2. ① greedy ② greedily ③ for ④ am greedy to sign up for  
the course  
3. ① with/in ② to find ③ assistance ④ assistants ⑤ came to  
her assistance  
4. ① persuasive ② of ③ persuasion ④ persuaded the students  
that  
5. ① to do ② as ③ employment ④ a. Employing herself in  
watering the flowers b. Employed in watering the flowers  
6. ① to ② Adjusting ③ adjustments ④ adjust our plan to the  
sudden storm ⑤ having trouble adjusting to your high school life  
7. ① qualification ② to drive ③ am qualified for

### 障碍词汇综合练

- I. 1. ① n. 职业 ② n. 占用 ③ n. 业余活动; 消遣 2. ① n. 资金  
② v. 提供资金 3. ① n. 景色 ② n. 前景; 前途 4. ① v. 雇用  
② v. 从事 ③ v. 使用  
II. 1. redesigned 2. reappeared 3. rewrite 4. reviewing

## Part 2 关键能力

### 活动一 过阅读关

**【语篇解读】** 本文是一篇记叙文。文章讲述了一位写作课老师的教学经历。学生最初对写作的重要性缺乏理解,但在作者调整教学主题后,他们的创作热情和成果令人惊叹。这让作者认识到写作最有影响力的意义在于连接人心、共情他人、理解人性。

1. D [推理判断题。第一段首句讲在九年级的写作课上,作者遇见了一个牛仔、一位严厉的父亲和一个当代的“朱丽叶”。再根据第一段第二句可知,这些人都是作者的学生创作的。由此可推知,这些人都是学生在写作中创作的虚构人物。故选 D。]  
2. D [推理判断题。第二段前两句讲学生的第一篇作文的题目是“写作为什么重要”,结果大多数文章篇幅不足一页,几乎没有能被称作论点的句子,即学生的写作表现不好。然后作者对此进行了思考,意识到问题出在题目本身,学生能就电脑的必要性写几页文字,却压根不觉得写作本身有何重要作用。再结合第三段中的“This time they found the exercise much more interesting.”可推知,学生的第一篇文章写得不好是因为学生对写作主题缺乏兴趣。故选 D。]  
3. B [词义猜测题。根据画线词后的“The students took on diverse topics and turned in stories... touched my heart.”可知,这一次学生们选择了多元主题,交上来的故事每篇都有10到20页长,里面的角色既拓宽了作者的视野,又触动了作者的内心。由此可推知,这次学生的写作成果是令人惊叹的,故画线词与B项的含义最为接近。]  
4. A [推理判断题。根据最后一段中的“I walked into class believing that writing is important... my students demonstrated something more important to me.”和“the ability to connect people, to put us in another’s skin, to teach us what it means to be human”可知,最初走进教室时,作者认为写作的

重要性在于它是沟通的工具,但学生们向作者展示了其更深刻的意义,即连接人心、共情他人、理解人性,这体现了“教学相长”。故选 A。]

### 语篇精读

- 二、1. ① adj. 与健康有关的 ② adj. 个人叙事的 n. 创意写作  
③ n. 创作对象 ④ v. 表明  
2. ① 死于 ② 不止一次 ③ 被理解为…… ④ 本身;本质上  
⑤ 给某人留下……印象 ⑥ 符合规范/要求 ⑦ 呈现;承担  
⑧ 上交 ⑨ 拓宽某人的视野 ⑩ 触动某人的内心 ⑪ 轻易取得;  
轻易获得 ⑫ 设身处地;换位思考  
三、1. 去年在我教的九年级写作课上,我认识了一个拯救了小镇的牛仔、一个要求儿子门门功课都得 A 的严厉父亲,还有一个现代版的朱丽叶——她因父母反对对自己年轻时的挚爱而心碎离世。  
2. 他们本可以就电脑的必要性写上好几页,但写作本身,在他们看来实在没什么重要性可言。 3. 学生们选择了多元主题,交上来的故事每篇都有10到20页长,里面的角色既拓宽了我的视野,又触动了我的内心。 4. 六月最后的铃声响起时,我拿着一本年鉴离开,里面满是关于写作最强大意义的留言——它能够联结人心,让我们设身处地为他人着想,教会我们何为“人”。

### 活动二 过表达关

#### 应用文写作

#### 实用句式

1. emphasized the importance of self-assessment in choosing a career 2. He also introduced some practical strategies 3. career planning is crucial 4. making our future more focused and achievable 5. motivated me to start planning my career path early

#### 下笔成文

#### 【参考范文】

Dear Michael,

I'm writing to share with you a career planning seminar I recently attended. The speaker analyzed trends in various industries and emphasized the importance of self-assessment in choosing a career. He also introduced some practical strategies, like setting short-term and long-term goals and developing relevant skills.

I now believe career planning is crucial. It helps us align our interests with job opportunities, making our future more focused and achievable. This seminar has motivated me to start planning my career path early.

Yours,

Li Hua

#### 读后续写

#### 【参考范文】

I knew I didn't have those qualifications. But I was determined to stick with my choice of typing. I looked her straight in the eyes and said firmly, “I will be a really good typist.” With doubt still hanging in her eyes, she admitted me into the course, offering me a one-month trial. Finally, I passed the first knockout round and was allowed to continue with the course. I put more efforts into the training, taking great care to be neat and efficient, and finished the assignments quickly and perfectly.

At the end of the course, I was chosen to type the files from the government office. Being a typist was just the beginning of the



climb and I did not mind starting at the bottom of the ladder. I set out to achieve other dreams. Overcoming one challenge after another, I gradually built up self-confidence, which shaped my positive attitude toward life. Dreamers should keep reaching out for their dreams, no matter what the pain, until they get what they want. When they are settled comfortably, they can sit back and tell the world, "I did it."

## 语境9 创新与创业意识

### Part 1 必备知识

#### 活动一 基础知识课前自测

- I. 1. productive 2. efficient 3. theoretical 4. illustrations  
5. regulation 6. Specifically 7. commercial 8. rudeness  
9. genuinely 10. Restoration  
II. 1. nothing more than 2. put more resources into 3. by trial and error 4. back down 5. day in and day out 6. earns a living  
7. put its reputation on the line 8. swung into action 9. gain the upper hand 10. put her best foot forward  
III. 1. In front of her was another long passage 2. struck/hit/ occurred to me that 3. during which 4. Deeply discouraged

#### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ①seeing ②anticipated ③anticipate there being  
2. ①operation ②on ③have been put into operation  
3. ①delaying ②telling ③are delayed ④Without any delay  
4. ①entertainment ②entertaining ③to ④entertained her with whatever he could think of  
5. ①in/at ②gifted ③a. has a gift for b. is gifted in/at  
6. ①instantly ②In ③The instant ④The instant little Tom lost sight of his mother  
7. ①proposal ②changing ③I propose that you should choose  
8. ①in ②to accept ③declined by 60% last year ④In spite of the local economy being stuck in decline  
9. ①with ②into ③explosion ④The population can explode to ⑤exploded into cheers  
10. ①passionate ②about ③a. have a passion for b. are passionate about ④a. talked passionately b. talked with passion

##### 障碍词汇综合练

- I. 1. ①v. 突然发作 ②v. 爆炸 ③v. 突增 2. ①n. 款待 ②n. 娱乐活动 3. ①v. 发射 ②v. 发起 ③n. 发射 4. ①n. 奖金 ②n. 意外收获  
II. 1. abnormal 2. abuse 3. absent 4. abducted

### Part 2 关键能力

#### 活动一 过阅读关

【语篇解读】 本文是一篇记叙文。John Todd 从小就喜欢观察大自然,并被自然的自净能力折服。大学时期经过专业的学习之后,John 通过实验找到了合适的生态组合,发明了“生态机器”,并解决了很多实际的污水净化问题。

1. C [细节理解题。根据第一段中的“observing how nature solved problems”“When he got older, John started to wonder if this process could be used to clean up the messes people were making.”和第二段中的“John went back to observing nature and asking questions”以及第二段中 John 提的两个问题可以看

出, John 是一个喜欢刨根问底、喜欢探索的人,故 C 项正确。long to do sth. “渴望做某事”。]

2. D [推理判断题。根据第三段中的“The task John set for himself was to remove harmful substances from some sludge (污泥)... placed them in the tanks”可知, John 修建水箱是为了清理污泥中的有害物质,为此,他在水箱里放了一些动植物。第四段中的“all that was left was pure water”表明了将污泥放入水箱之后的变化。据此可以推断, John 在水箱里放入污泥是为了检验他的生态机器的效果,故 D 项正确。]
3. B [推理判断题。上文讲到了 John 的发明成功了,根据第五段的中心句“Over the years, John has taken on many big jobs.”可知,多年来, John 做了很多重大的工作。本段提到净化福州的运河水是为了举例说明 John 的发明及其理念在实践中的应用,故 B 项正确。]
4. A [推理判断题。本文主要围绕 John 的疑问“A dirty stream, for example, often became clear after flowing through plants and along rocks where tiny creatures lived... if this process could be used to clean up the messes people were making.”展开,即一条肮脏的溪流在穿过植物和流过微生物居住的岩石后,往往会变得清澈,这个过程是否可以用来清理人们造成的污染呢?正是在这个疑问的指引下, John 发明了“生态机器”。因此, John 发明的依据就在于自然的自我修复能力,且最后一段中的“Then you let these new systems develop their own ways to self-repair.”也印证了 John 的工作依据就在于“自我修复”这一理念,故 A 项正确。]

#### 语篇精读

二、1. ①n. 生态机器 ②adj. 像温室一样的 ③v. 自我修复 ④v. 消化

2. ①清理 ②一系列的 ③连接;联系 ④一点点地 ⑤习惯于 ⑥承担;呈现

三、1. 当 John Todd 还是个孩子的时候,他喜欢探索家附近的树林,观察大自然是如何解决问题的。 2. 长大后, John 开始思考这个过程是否能用来清理人们造成的污染。 3. 他觉得,如果让动植物恰当地组合在一起,或许他就能以大自然的方式清理废物。

#### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. with the theme of “Technology Innovation and Youth Development” 2. especially teenagers from different countries  
3. are the most interesting to foreign teenagers 4. Are they more interested in 5. make the exhibition more engaging and interactive for a global audience

##### 下笔成文

##### 【参考范文】

Dear Chris,

I hope you're doing well! I'm writing to ask for your help. Our school is planning to hold a technology exhibition with the theme of “Technology Innovation and Youth Development”. We want to share it on an English website to attract more people, especially teenagers from different countries.

Could you please tell me which technology topics are the most interesting to foreign teenagers? For example, are they more

interested in artificial intelligence, space exploration, or maybe something else? Also, do you have any suggestions on how to make the exhibition more engaging and interactive for a global audience?

Your advice would be really helpful and much appreciated.

Yours,

Li Hua

## 主题二 人与社会

### 主题群三 社会服务与人际沟通

#### 语境 10 良好的人际关系与社会交往

#### Part 1 必备知识

##### 活动一 基础知识课前自测

- I. 1. reactions 2. negotiation 3. intention 4. demanding  
5. belongings 6. comfortably 7. engaging 8. appointment  
II. 1. at a loss 2. throw the baby out with the bathwater  
3. out of her sight 4. make it 5. putting yourself in their shoes  
6. broaden your horizons 7. obsess over 8. chatting away  
9. meant to  
III. 1. Whether happy or sad 2. left him trapped 3. a. Hardly had I stepped off the stage when b. No sooner had I stepped off the stage than 4. had all the fallen trees removed 5. If only I had saved more money last year 6. At the foot of the mountain flows

##### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ① by/from ② judgement/judgment ③ about ④ Judging; judgement/judgment ⑤ judge a book from/by its cover  
⑥ Judging from/by the look on her face  
2. ① recognition ② recognized ③ is widely recognized as/to be the greatest romantic poet ④ Recognizing my voice  
3. ① from ② being caught ③ had a narrow escape; escaping being hurt  
4. ① sympathetic ② with ③ a wave of sympathy; Out of sympathy ④ is sympathetic to/towards/has sympathy for  
5. ① of ② approval; approving ③ his words of approval ④ meet with your approval  
6. ① to ② correspondence ③ in correspondence with hers ④ correspond with  
7. ① working ② tolerance ③ tolerant ④ are tolerant of our imperfections  
8. ① lacking ② of ③ for/through lack of ④ was lacking in practical details  
9. ① in ② a ③ consequences ④ as a consequence/consequently/in consequence ⑤ take the consequences

##### 障碍词汇综合练

- I. 1. ① v. 发表, 发布 ② v. 递交, 提交 2. ① v. 意识到 ② v. 认出  
3. ① n. 姿态 ② v. 用动作示意 4. ① v. 辩护 ② v. 保护  
5. ① v. 吸引 ② v. 呼吁  
II. 1. container 2. operator 3. editor 4. performer

## Part 2 关键能力

### 活动一 过阅读关

【语篇解读】 本文是一篇说明文。文章介绍了一些更有效地进行沟通的技巧。

1. C [上文指出“做得太多”是沟通中易犯的错误, C选项承接上文, 明确正确的沟通方法, 即不要“做得太多”, 要避免复杂, 追求简单, 句中“simple”与上文“too much”形成对比。故选C项。]  
2. D [上文“当你根据受众的兴趣来调整你的沟通内容时, 他们自然会更感兴趣、更投入”, 强调要迎合受众兴趣, D选项进一步说明了具体的做法, 即直接针对受众关心的事情进行交流, 与上文逻辑一致。故选D项。]  
3. G [下文“然而, 他们是第一次听到这些”与设空句之间是转折关系。G选项与下文构成转折, 说话者自己熟悉内容, 但听众是初次接触; 同时, 选项中“what you're going to say”与下文中的指示代词“it”构成指代关系, 上下文逻辑连贯。故选G项。]  
4. B [下文“如果你曾经当过导师、经理、培训师或教练, 你就会知道, 学习新信息的最佳方式莫过于教授它。让听众贡献他们的想法, 或者让他们扮演向他人解释新概念和政策的角色”建议让受众参与其中, B选项能概括这部分内容, 适合做段首小标题。故选B项。]  
5. F [上文“如果你传达的信息不紧急, 考虑发电子邮件。书面沟通会给你的受众更多时间来复习、思考, 并跟进提问”说明了发邮件这种书面沟通的好处, F选项进一步补充了发邮件的另一个好处, 与上文逻辑紧密。故选F项。]

### 语篇精读

- 二、1. ① adj. 高级的; 高水平的 ② v. 专门制作 ③ v. 激发  
④ v. 传达; 传递

2. ① 传达 ② 牢记(……) ③ 第一次 ④ 跟进

三、1. 如果信息传递不清楚, 那么任何形式的沟通——无论是书面的、口头的、正式的还是非正式的——都毫无价值。 2. 如果你曾当过导师、经理、培训师或教练, 你就会知道, 学习新信息的最佳方式莫过于教授它。

### 活动二 过表达关

#### 应用文写作

#### 实用句式

1. some key points to help you enjoy the experience 2. to greet the hosts warmly 3. will go a long way/will help greatly 4. At the dinner table; Wait for the hosts to invite you 5. avoid pointing them at others 6. Here are some suggestions for you

#### 下笔成文

#### 【参考范文】

Dear Jack,

I'm glad to hear that you'll visit a Chinese family. Here are some key points to help you enjoy the experience.

When you arrive, it's customary to greet the hosts warmly. A smile and a polite “Hello” will go a long way. Addressing the hosts with their titles, such as “Mr” or “Mrs”, shows respect. At the dinner table, etiquette is important. Wait for the hosts to invite you to take your seat and start eating. Use chopsticks properly and avoid pointing them at others.

## Part 2 关键能力

## 活动一 过阅读关

【语篇解读】 文章介绍了圣卢卡斯医疗列车为俄罗斯一些偏远地区提供医疗服务的事迹。

1. C [细节理解题。根据第一段中的“The Saint Lukas is one of five government-sponsored medical trains”以及“doctors and nurses on board provide rural (乡村) populations with basic medical care, X-ray scans and prescriptions”可知,圣卢卡斯列车是政府资助的医疗列车,列车上有医生和护士为乡村居民提供基础的医疗服务,故C项“它的作用相当于一个医院”是它与其他列车不同的地方。故选C。]
2. D [推理判断题。第三段首句提到俄罗斯的公共医疗服务急需现代化。再结合第三段中的“address the problem, particularly in the poorer, rural areas... arranging doctor's appointments... motivate doctors to practice medicine in remote parts of the country like Krasnoyarsk”可推知,Krasnoyarsk是俄罗斯的一个较为贫穷且医疗条件差的偏远地区,故D项“它需要医疗援助”符合题意。]
3. D [细节理解题。根据第四段中的“For 10 months every year, the train stops at about eight stations over two weeks, before returning to the regional capital to refuel and restock (补给).”可知,该列车每年有十个月都会进行这样的工作:在大约八个站点停留两周多,然后返回补充燃料和补给。因此,该列车一次补给可以工作两周左右。故选D。]
4. A [观点态度题。根据最后一段中Ducke的话“I was very impressed by the doctors and their assistants working...”以及“‘They were the best chance for many rural people to get the treatment they want.’”可知,Ducke对圣卢卡斯列车服务的态度是赞赏的。故选A。]

## 语篇精读

- 二、1. ①adj. 政府资助的 ②n. 停留;站点 ③v. 前往;驶向  
④v. 解决 ⑤v. 从事(医务工作、法律专业等);执业
2. ①为某人提供某物 ②预约 ③迫切需要 ④想出,提出  
⑤激励某人做某事 ⑥保持专注 ⑦对……印象深刻
- 三、1. “人们一大早就开始排队预约了,”德国摄影师埃米尔·杜克说道。他曾在11月与圣卢卡斯的工作人员一起,进行了为期两周的旅行,穿越了克拉斯诺亚尔斯克和哈卡斯的广袤地区。
2. 政府已努力制定措施以解决这一问题,尤其是在伏尔加河以东较为贫困的农村地区。这些措施包括:通过视频聊天安排医生问诊,以及扩大财政援助计划,激励医生前往克拉斯诺亚尔斯克等国内偏远地区行医。

## 活动二 过表达关

## 应用文写作

## 实用句式

1. I feel greatly honored to 2. I volunteered at a local soup kitchen 3. When serving meals to the hungry; how fortunate I was 4. to be grateful and have empathy for those who are less fortunate than I am 5. an incredibly rewarding experience for me 6. the value of empathy and gratitude 7. contribute to society and enrich your own life

Here are some suggestions for you. Bring a small gift, like fruit or snacks, to show appreciation to them.

I hope these tips will help you make a good impression. Have a great time!

Yours,  
Li Hua

## 读后续写

## 【参考范文】

I realized it was I who was at fault. As I reflected on what had happened that evening, shame washed over me. My brother, already burdened with grief and loneliness, had only sought companionship in Toby, while I had treated them both as inconveniences. Instead of finding a compromise by setting up a space indoors for the dog, I had prioritized my own comfort over his feelings. The thought of him spending these months being isolated filled me with deep regret. Seeing this, my wife decided to do something, so she baked some biscuits for me to bring to my brother.

With the biscuits my wife had made, I arrived at my brother's door. Hesitating, I raised my hand to knock, my heart pounding with uncertainty. When the door opened, my brother's eyes widened in surprise. Before he could speak, I handed him the biscuits, saying sorry to him sincerely. The stiffness in his expression softened slightly. It was at this moment that Toby bounced over, wagging his tail merrily. A faint smile touched my brother's lips, which spread into a brilliant smile. The next few hours witnessed us taking a walk outside and talking open-heartedly.

## 语境 11 公益事业与志愿服务

## Part 1 必备知识

## 活动一 基础知识课前自测

- I. 1. practical 2. tightly 3. dusty 4. disabilities; consultation  
5. bleeding 6. desperately 7. defensive 8. operation
- II. 1. sense of touch 2. not to mention 3. participate much in  
4. a variety of activities 5. sleep in
- III. 1. there is an immediate need to provide clean water 2. was distributing food packages when 3. not only helps those in need but also

## 活动二 核心知识查缺补漏

## 核心词汇多维练

1. ①panicked ②into ③There is no point getting into a panic ④screaming in panic
2. ①at ②with ③your ④ease our great study pressure ⑤put me at ease; felt at ease
3. ①of ②in ③was shaped like ④to keep/stay in shape

## 障碍词汇综合练

- I. 1. ①v. 膨胀 ②v. 充满(激情) 2. ①v. 倒塌 ②n. 崩溃  
3. ①v. 包,裹(礼物等) ②v. 用……缠绕(或围紧) 4. ①v. 滑倒 ②v. 悄悄塞 5. ①n. 灰尘 ②v. 掸去
- II. 1. post-industrial 2. postmodern 3. postgraduate  
4. post-disaster

## 下笔成文

## 【参考范文】

Good morning, everyone!

I'm Li Hua, and I feel greatly honored to share my experience as a volunteer with you today.

I remember the first time I volunteered at a local soup kitchen. When serving meals to the hungry, I realized how fortunate I was to have food on my table every day. This experience taught me to be grateful and have empathy for those who are less fortunate than I am.

In conclusion, volunteering has been an incredibly rewarding experience for me. It has taught me the value of empathy and gratitude. I encourage everyone to consider volunteering as a way to contribute to society and enrich your own life.

Thank you for your attention!

## 语境 12 跨文化沟通、包容与合作

## Part 1 必备知识

## 活动一 基础知识课前自测

I. 1. expectant 2. interactions 3. educator 4. participation  
5. depressed 6. occupations

II. 1. against all odds 2. feels much more at home 3. a severe culture shock 4. kissed the kind lady on the cheek 5. bow from the waist 6. struck a chord with me 7. in memory of

III. 1. With people from different countries gathering together  
2. It was the first time that I had participated in 3. it was up to her to help her father

## 活动二 核心知识查缺补漏

## 核心词汇多维练

- ①from ②distinguished ③herself ④is distinguished for its romantic atmosphere
- ①to adjust ②adjustable ③adjustments ④will quickly adjust to them ⑤Only by learning some basic Chinese in advance can you adjust yourself to
- ①消除 ②垮掉 ③分解 ④出故障 ⑤break through my comfort zone ⑥can break down any obstacle
- ①back ②up ③in ④a simple act of kindness will bring about ⑤brings forth our potential
- ①off ②in ③don't hesitate to call me up ④calls on us students to take measures ⑤called for
- ①favourite ②favourable ③whether you could do me a favour/do a favour for me ④are in favour of staying up late
- ①comfortable ②in ③was a great comfort to her ④comforted me with inspiring words

## 障碍词汇综合练

- I. 1. ①adj. 共同的 ②n. 场合 2. ①v. 吸引住 ②v. 雇用  
③v. 尽力理解 3. ①v. 运用 ②n. 雇主 ③n. 雇员 ④v. 采用  
II. 1. television 2. telesales 3. telemedicine 4. telescope

## Part 2 关键能力

## 活动一 过阅读关

【语篇解读】 本文是一篇新闻报道。文章以国外视角报道了中国文化及中国美学对国际时尚的影响,展现了中国对国际时尚和设计发展的引领作用。这篇文章通过在试题情境中融入中华优

秀传统文化和美学知识,引导考生在关注和提高审美能力的同时,坚定理想信念,增强文化自信,树立正确的价值观。

- B** [推理判断题。由题干中的 the exhibition in New York 定位到第三段。本段中并没有提到这次展览促进了艺术品的销售,也没有提到展示了中国古代的服装,故排除 A、C 两项;由第三段的“The exhibition had record attendance, showing that there is huge interest in Chinese influences. (此次展览吸引了破纪录的出席者,显示出人们对中国影响的浓厚兴趣。)”可知, B 项表述正确;由第三段的“... with the aim of exploring the influence of Chinese aesthetics (美学) on Western fashion and how China has fueled the fashionable imagination for centuries. (……旨在探索中国美学对西方时尚的影响,以及几个世纪以来中国是如何激发时尚想象力的)”可知,这次展览的目的不是介绍中国模特,故 D 项表述错误。]
- A** [推理判断题。由第四段中 Hill 说的“... Chinese women are not just consumers of fashion—they are central to its movement. (……中国女性不仅是时尚的消费者——她们更是时尚发展进程中的核心力量)”可以推断出, Hill 认为中国女性正在引领潮流,故选 A 项。B 项“她们发起许多时尚运动”, C 项“她们崇拜超模”和 D 项“她们在世界各地做生意”均不符合此处的语境。]
- D** [词义猜测题。由画线词后面的“beating them hands down in design and sales (在设计和销售方面轻而易举地击败他们)”可知, take on 在此处意为“与……较量”,故选 D 项 competing against. learn from 向……学习; look down on 轻视,瞧不起; work with 与……共事。]
- D** [标题归纳题。通读全文可知,文章的第一段就点明了主题:对于西方设计师来说,长期以来中国及其丰富的文化一直是西方创意的灵感来源。接下来 Amanda Hill 对中国文化和中国美学对国际时尚的影响进行了评价,由此可知,中国文化推动了国际时尚潮流,故 D 项作为文章的标题最合适。]

## 语篇精读

- 二、1. ①v. 忽视;轻视 ②n. 来源 ③n. 代表;代言人 n. (宣传)活动 n. 发展;动向 ④adj. 令人惊叹的  
2. ①以……为目的 ②对……是核心的 ③与……较量 ④轻松击败…… ⑤在很多方面 ⑥激发了时尚的想象力 ⑦美丽和时尚宣传活动的代言人 ⑧受到中国的影响  
三、1. 今年早些时候,在纽约举办的“透过镜子看中国”展览展出了 140 件受中国启发的时尚服装,同时还展出了中国艺术品,其目的是探究中国美学对西方时尚的影响,以及几个世纪以来中国是如何激发时尚想象力的。 2. 她说道:“最著名的设计师是中国人,模特也是,消费者同样如此。”

## 活动二 过表达关

## 应用文写作

## 实用句式

- to sincerely invite you to be the English host 2. will be held in the school auditorium 3. aims to promote cultural exchanges
- As an English host

## 下笔成文

## 【参考范文】

Dear Lucy,

I hope this email finds you well. On behalf of the Students' Union, I'm writing to sincerely invite you to be the English host



for the opening ceremony of our “Sino-Foreign Cultural Exchange Week”.

The ceremony will be held in the school auditorium at the end of next month. It aims to promote cultural exchanges between Chinese and foreign students, with wonderful performances like traditional Chinese dance and English drama. As an English host, you'll work with a Chinese host to introduce the event, welcome guests and guide the ceremony process—your fluent English and cross-cultural perspective will surely make it a success.

Could you let me know your decision by next Friday? Looking forward to your positive reply!

Yours sincerely,  
Li Hua

读后续写

【参考范文】

Instantly, I made up my mind and asked the server to bring me a pair of chopsticks. As soon as they were brought in front of me, I took them carefully in my hand. I looked at my boss and we exchanged a smile. With determination, I grasped the chopsticks and attempted to pick up some rice and a piece of meat. However, my fingers slipped and the food fell back onto the plate. I was swamped with a sense of embarrassment because of my failed attempts. At that moment, I saw my boss giving me a reassuring nod, which motivated me to keep trying. I plucked up the courage and tried again, determined to master this skill. Through trial and error, I gradually got the hang of using chopsticks.

In the end, I wasn't embarrassed at all. I was glad that my new boss was so thoughtful that he could take everything into consideration. And I was really happy that I had decided to ask for chopsticks. After that, we often went out for lunch at that restaurant. Despite facing a number of challenges, I persevered in my attempts to use chopsticks. With the help of my friend and the patience of my boss, I was able to overcome my fear of using chopsticks and practice until I became proficient. It struck me that diversity is not about how we differ, but about embracing one another's uniqueness.

## 主题群四 文学、艺术与体育

### 语境 13 小说、戏剧、诗歌、传记、文学简史、经典演讲、文学名著等

#### Part 1 必备知识

##### 活动一 基础知识课前自测

- I. 1. innocent 2. dramatically 3. emotional 4. muddy  
5. indications 6. recitation  
II. 1. fell away 2. slip away 3. draw on their rich life experiences 4. we should make allowance for 5. is rooted in sincere emotions 6. breathe vitality into traditional dramas  
7. familiarize oneself with the representative writers of each period  
8. takes over some functions of traditional media 9. more like a thought experiment  
III. 1. while drama brings stories to life 2. more a form of artistic exploration than 3. Given his rich life experiences 4. As long as readers immerse themselves in novels

## 活动二 核心知识查缺补漏

### 核心词汇多维练

1. ①hesitation ②taking ③hesitate to ask me  
2. ①patience ②with ③listen to me patiently/with patience  
3. ①declaring ②against ③declaration ④declared me as/to be the winner ⑤declared that Sam would be fired  
4. ①to damage ②at ③After a series of fruitless attempts to find/at finding a way out ④in an attempt to free me  
5. ①frozen ②freezing ③I am almost frozen to death ④frozen with shock

### 障碍词汇综合练

- I. 1. ①n. 小说 ②adj. 新颖的 ③n. 新颖 2. ①adj. 空白的 ②n. 空白处 ③adj. 不理解的 3. ①v. 爆炸 ②v. 突然迸发 ③n. 爆发 ④adj. 易爆的 4. ①v. 理解 ②v. 紧抓 ③n. 能力所及 ④v. 领悟  
II. 1. autoimmune 2. autofocus 3. autobiography

## Part 2 关键能力

### 活动一 过阅读关

【语篇解读】 文章围绕文学作品结尾的创作展开,作者以自身经历告诉读者不同类型的文学作品的结尾有不同的特点,好的结尾要符合故事发展等。

1. A [细节理解题。根据第一段中的“‘I didn't like the ending,’ I said to my favorite college professor... I had just finished reading *The Mill on the Floss*... Prof. Gracie, with all his patience, asked me to think about it beyond whether I liked it or not.”可知,作者刚读完《弗洛斯河上的磨坊》,她告诉教授自己不喜欢这部小说的结尾,而教授让作者抛开个人喜好,好好思考一下这部小说。由此可知,作者去找 Gracie 教授是为了讨论一部小说。故选 A。]  
2. C [推理判断题。根据第二段中的“From then on, if I wanted to read an ending guaranteed to be happy... historical fiction.”可知,从那时起,如果作者想读到幸福的结局,她就会选一部爱情小说。如果想要一个猜不到的结局,她会选择悬疑小说。如果想要大概猜到故事的发展走向,她会选择历史小说。由此可推知,每一种文学类型都有其独特的结尾。故选 C。]  
3. B [推理判断题。根据第三段中的“You have to balance creating an ending... one that fits what's right for the characters.”可知,文学作品的结局不能是凭空而来的,它需要适合角色。也就是说,好的结尾要符合故事的发展。故选 B。]  
4. B [推理判断题。倒数第二段的首句提到这就是为什么本期《作家文摘》旨在帮助你弄清楚如何为你正在写的任何一种文本写出最好的结局。接着作者以 Peter Mountford 和 Elizabeth Sims 为例说明本期《作家文摘》具体会介绍哪些技巧。由此可知,作者提及 Peter Mountford 和 Elizabeth Sims 是为了强调这期杂志的主题。故选 B。]

### 语篇精读

- 二、1. ①adj. 极为悲伤的;心碎的 ②adj. (四年制高中或大学中)三年级生的,三年级的 ③v. 平衡 v. 符合 ④v. 承载;具有 ⑤v. 完成;稳住  
2. ①进行独立研究 ②他极为耐心地 ③最有意义 ④顿悟时刻 ⑤有分量,有影响力 ⑥弄清楚,弄明白 ⑦分析,分解 ⑧取决于

三、1. 他建议我思考两种结局的区别:一种是我希望角色拥有的结局,另一种是适合角色的结局——这类结局即使没有传统意义上的积极结果,也能让故事圆满。 2. 你必须平衡好:既要创造出一个出乎意料的结局,又不能让它显得凭空而来;同时,这个结局还要符合人物的性格发展。 3. 本期内容不会告诉你你的结局应该是什么样——这取决于你和你要讲述的故事——但它可能会为你提供写出理想结局所需的东西。

## 活动二 过表达关

### 应用文写作

#### 实用句式

1. you're eager to explore more of Chinese literature 2. I can't wait to recommend; which follows the adventure of 3. I highly recommend this masterpiece 4. the vivid and imaginative plot 5. among which, the rebellious yet heroic Monkey King 6. you can gain a profound understanding of 7. you'll be fascinated by this amazing work

#### 下笔成文

#### 【参考范文】

Dear Tom,

I'm thrilled to know that you're eager to explore more of Chinese literature. I can't wait to recommend *Journey to the West* to you, which follows the adventure of Buddhist monk Xuanzang and his three disciples—Monkey King, Pigsy and Sandy—on their quest for Buddhist scriptures.

I highly recommend this masterpiece for several reasons. Firstly, the vivid and imaginative plot is truly appealing. Secondly, the characters are extremely well-developed, among which, the rebellious yet heroic Monkey King is a beloved character among readers of all ages. By reading it, you can gain a profound understanding of Chinese philosophical and cultural concepts.

I'm sure you'll be fascinated by this amazing work.

Best regards,

Li Hua

## 语境 14 绘画、建筑等领域的代表性作品和人物

### Part 1 必备知识

#### 活动一 基础知识课前自测

I. 1. realistic 2. humanistic 3. photography 4. exhibition 5. sculptures 6. elegance 7. distinctive 8. stimulation 9. innovative  
II. 1. has a mind of her own 2. reach out to 3. on display 4. go deeper into 5. lit up 6. jumped to their feet 7. speaks volumes about 8. caught the viewers' attention  
III. 1. While digital art gains popularity 2. It was not until he visited the museum that

#### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ①of ②consideration ③a. are worthy to be celebrated/of being celebrated b. are worth celebrating/a celebration  
2. ①from ②that ③emergency ④emerging from the water  
3. ①composed ②composers ③herself ④(should) be composed of/be made up of/be comprised of/consist of  
4. ①with ②in/by ③with/to ④a. shows a sharp contrast with b. contrasts sharply with

5. ①to ②as ③opposes you/your going abroad; oppose changing your mind  
6. ①of ②off ③with ④Even though I have loads/a load of schoolwork to do

#### 障碍词汇综合练

I. 1. ①n. 创作构想 ②v. 想象 ③n. 创作视角 2. ①adj. 独特的 ②adj. 鲜明的 ③adj. 不同的 ④n. 独特性  
II. 1. to extract 2. exaggerates 3. to export 4. exposed

### Part 2 关键能力

#### 活动一 过阅读关

【语篇解读】 本文是一篇记叙文。文章讲述了面对无处不在的塑料垃圾污染,尤其是大家每天都在使用的塑料吸管和塑料杯,艺术家 Benjamin Von Wong 通过其艺术作品“Strawpocalypse”和“Truckload of Plastic”唤起人们对塑料垃圾的关注。

1. C [推理判断题。根据第一段中的“Artist Benjamin Von Wong wants you to know that it does. He builds massive sculptures out of plastic garbage, forcing viewers to re-examine their relationship to single-use plastic products. (艺术家 Benjamin Von Wong 想让你知道它确实如此。他用塑料垃圾建造了巨大的雕塑,使观看者重新审视他们与一次性塑料制品的关系。)”可推知, Von Wong 的艺术作品旨在引起公众对塑料垃圾的关注。故选 C。]  
2. A [细节理解题。根据第三段中的“Plastic straws are by no means the biggest source(来源) of plastic pollution, but they've recently come under fire because most people don't need them to drink with and, because of their small size and weight, they cannot be recycled.”可知,塑料吸管最近已经受到了抨击,由于它们体积小并且重量轻,所以不能被回收利用。故选 A。]  
3. B [推理判断题。根据第四段的内容可知,在 2018 年的一件作品中, Von Wong 想说明这一具体的统计数据:每 60 秒就会有一卡车的塑料进入海洋。由此可知,他创作的“Truckload of Plastic”是为了引起观看者的不安与恐慌,进而呼吁人们关注塑料垃圾污染问题。故选 B。]  
4. D [标题归纳题。艺术家 Benjamin Von Wong 通过其艺术作品,呼吁人们关注塑料垃圾污染问题,文章详细介绍了他的两件作品:“Strawpocalypse”和“Truckload of Plastic”。由此可知, D 项“被转变成雕塑的海洋塑料”最适合作文章的标题。故选 D。]

#### 语篇精读

二、1. ①v. 迫使 adj. 一次性的 ②adv. 撞击瞬间地 ③n. 相当于……的数量 ④v. 逼迫  
2. ①有影响;起作用 ②在……的开始 ③初次露面 ④决不  
⑤受到攻击/批评 ⑥捆绑在一起 ⑦看起来像 ⑧一下子;一起  
三、1. 塑料吸管绝非塑料污染的最大来源,但它们最近却饱受批评,原因在于大多数人喝水并不需要用到它们,而且由于其体积小、重量轻,它们无法被回收。 2. Von Wong 艺术作品中的每一根吸管,大概率都来自某个人仅使用了几分钟的饮品。

#### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. art seemed far away from my life 2. saw a peaceful countryside scene 3. made me feel calm 4. I was amazed at how the artist 5. made me fall in love with landscape art

6. look at different kinds of art 7. appreciate the beauty that surrounds us 8. care about others and take my time to

### 下笔成文

#### 【参考范文】

Dear Editor,

I'm Li Hua, a senior high student. I'm excited to share my story themed "Art Changed Me".

In the past, art seemed far away from my life. But one day, I visited a painting exhibition and saw a peaceful countryside scene. It brought the peace of nature into my inner world and made me feel calm. I was amazed at how the artist could make people resonate with such rich emotions with just painting.

This experience made me fall in love with landscape art, which strengthened my faith and passed on the power of hope to me. I started to look at different kinds of art. It has become a way for me to appreciate the beauty that surrounds us: the sunrise, the plants, and the people we see every day. It teaches me to care about others and take my time to really appreciate the world.

Yours sincerely,

Li Hua

### 读后续写

#### 【参考范文】

Greatly inspired by his teacher, Jack headed for his art studio. Miss Smith, noticing Jack's potential, reached out to his parents. She told them about Jack's talent and the value of art. Initially hesitant, his parents gradually understood. With their support, Jack picked up his paintbrush, painting with new enthusiasm. After days of hard work, Jack finished his painting and submitted it to a local competition. To his delight, his piece was selected as the winning entry. Jack excitedly shared the good news with his parents, and together they got ready for the award ceremony.

Jack and his parents walked onto the award stage, happy and proud. Jack scanned the audience and spotted Miss Smith, whose eyes sparkled with pride. In that moment, Jack knew he owed his success to her. His parents, now beaming, had come to appreciate his passion. The painting that had once been a source of despair was then a symbol of his triumph. As the applause washed over them, Jack silently vowed to continue his artistic journey, forever grateful to those who had believed in him.

### 语境 15 影视、音乐等领域的概况及其发展

#### Part 1 必备知识

##### 活动一 基础知识课前自测

I. 1. performance 2. disappointed 3. adaptation 4. familiarity 5. combination

II. 1. for good measure 2. in its own right 3. attach great importance to 4. make every effort 5. paid off 6. ticked all the right boxes

III. 1. as it was expected 2. It takes countless hours of practice to 3. Nervous but determined

##### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ①for ②gratitude ③with ④a. I would be grateful  
b. I would appreciate it

2. ①satisfaction ②satisfying ③satisfied ④none of the tourists was satisfied with your service

3. ①a ②of ③cure me of my bad learning habits ④treated his headache with a new drug but it didn't cure him

4. ①to stop ②to stay ③preferences ④a. prefers to face; rather than keep b. prefers facing; to keeping

5. ①from ②absorbing ③himself ④into ⑤a. Absorbed in b. Absorbing himself in

6. ①to ②preventing ③attaches great importance to ④So attached is he to his community that he volunteers every weekend to help those in need.

#### 障碍词汇综合练

I. 1. ①n. 情节 ②v. 设计情节 2. ①adj. 尖端的 ②n. 边缘 ③v. 缓慢移动 ④n. 优势

II. 1. more dangerous 2. poisonous 3. mountainous

4. previously

### Part 2 关键能力

#### 活动一 过阅读关

【语篇解读】 本文是一篇说明文。文章主要介绍了“Tom Sawyer: A River Adventure”这一部教育戏剧的创作团队、主演及其他相关信息。

1. A [细节理解题。根据第二段中的“with music by David Kisor”可知,选A项。]

2. C [推理判断题。根据第四段中的“a familiar presence on Cincinnati's stages”“having played leading roles...”可知,Turner是舞台上的熟面孔,而且已经在其他剧中担任过主角。第五段提到“a Children's Theatre regular, with five shows to his credit”,即McMath是儿童剧院的主演,并且已经完成了五场演出。由此可推出,他们二人在舞台上都很有经验。故选C项。]

3. D [细节理解题。根据最后一段中的“Note to teachers: Children's Theatre has a study guide demonstrating how math and science can be taught through 'Tom Sawyer'.”可知,给老师们的提示:儿童剧院有一份学习指南,展示了如何通过这部戏剧教授数学和科学,也就是儿童剧院可以为老师提供教育资源。故选D项。]

#### 语篇精读

二、1. ①adj. 跺脚的 ②adj. 刚完成的 ③n. 主演 2. ①在……中担任主角 ②音乐剧版本 ③假日家庭音乐剧 ④舞台创作团队 ⑤一份学习指南

三、1. 这个本地舞台创作团队不仅为辛辛那提儿童剧院打造了多部原创音乐剧,还为合奏剧院创作了假日家庭音乐剧。 2. 他是儿童剧院的明星演员,曾在《睡谷传奇》和《绿野仙踪》中担任主角,刚完成泽西制作公司的《拉格泰姆》演出。

#### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. I'm writing to recommend an amazing movie 2. It's a sci-fi masterpiece directed by Christopher Nolan, blending breathtaking visuals with a gripping plot about space exploration and human survival perfectly. 3. What makes it outstanding is its combination of stunning cosmic scenes 4. The story explores

love, time and sacrifice 5. mixed with imagination kept me hooked 6. Watching it left me in awe of the universe's mysteries; how powerful human emotional connections are 7. I even shed a few tears! 8. enjoy thought-provoking films; a must-watch

### 下笔成文

#### 【参考范文】

Dear Jack,

I'm writing to recommend an amazing movie I recently watched to you, *Interstellar*. It's a sci-fi masterpiece directed by Christopher Nolan, blending breathtaking visuals with a gripping plot about space exploration and human survival perfectly.

What makes it outstanding is its combination of stunning cosmic scenes—like black holes and distant galaxies—and emotional depth. The story explores love, time and sacrifice, especially between a father and his daughter. The scientific accuracy mixed with imagination kept me hooked!

Watching it left me in awe of the universe's mysteries and reminded me how powerful human emotional connections are. I even shed a few tears! If you enjoy thought-provoking films, this is a must-watch.

Yours,

Li Hua

## 语境 16 日常体育活动、大型体育赛事、体育与健康、体育精神

### Part 1 必备知识

#### 活动一 基础知识课前自测

- I. 1. strength 2. failures 3. equipment 4. sharpen  
5. amazing  
II. 1. lose heart 2. a matter of life and death 3. beyond everyone's expectations 4. gone wild 5. does wonders  
III. 1. Regular exercise seems to improve 2. too excited to fall asleep

#### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ①from/against ②themselves ③a. he rushed to defend his son like an arrow b. he rushed in defence of his son like an arrow  
2. ①stressed ②on ③stressful ④the Chinese put/lay/place stress on  
3. ①against ②balanced ③between ④lost my balance  
4. ①occupations ②with ③Occupied with large amounts of housework  
5. ①with ②to live ③to ④Content and joyful

##### 障碍词汇综合练

- I. 1. ①v. 占据 ②adj. 被占用的 ③v. 忙着(做某事)  
2. ①adj. 满足的 ②n. 内容 ③v. 满足  
II. 1. more transparent 2. to transplant 3. to transform

### Part 2 关键能力

#### 活动一 过阅读关

【语篇解读】 本文是一篇说明文。文章讲述了经常锻炼的中年女性在老年时患失智症的概率可能会大大降低。

1. A [细节理解题。根据第一段内容可知,新的研究发现,身体健康的中年女性在老年患失智症的可能性要低近 90%,而且即使她们患病了,发病时间也比运动量较少的女性晚十年。由此可知,第一段提到了锻炼的好处。故选 A。]

2. B [细节理解题。根据第二段中的“‘These findings are exciting because it's possible that improving people's cardiovascular(心血管的)fitness in middle age could delay or even prevent them from developing dementia.’”以及第三段中的“‘For the study, 191 women with an average age of 50 took a bicycle exercise test until they were tired out to measure their peak(最大值的)cardiovascular capacity.’”可知,做这项实验的目的是测试女性的心血管承受能力的峰值。故选 B。]

3. B [推理判断题。根据第五段中的“‘These women were then tested for dementia six times over the following four decades.’”可知,此次实验的数据收集是一个长期的过程。故选 B。]

4. C [标题归纳题。第一段中的“‘New research found that middle-aged women who were physically fit could be nearly 90 percent less likely to develop dementia(失智症)in later life—and if they did, it came on a decade later than less sporty women.’”以及文章后面几段列举的实验目的、过程、方式、结果等,说明了身体健康的中年女性在晚年时患失智症的概率会更低。故选 C。]

#### 语篇精读

- 二、1. ①n. 额外的好处 ②n. 负载量 ③adj. 适用的  
2. ①添加到 ②身体健康 ③十年之后 ④阻止……做……  
⑤总共

三、1. 新的研究发现,身体健康的中年女性在晚年患失智症的可能性要低近 90%,即使她们患病了,发病时间也比运动量较少的女性晚十年。 2. 需要更多研究以验证健康水平的提升能否对降低患上失智症的风险产生积极影响,并探究在人生的哪个阶段保持高健康水平最为关键。

#### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. after-school sports activities 2. a variety of options; like rope jumping and shuttlecock kicking 3. not only help us stay fit but also build teamwork and relieve stress 4. healthier and more energetic in class 5. if you'd like more details

##### 下笔成文

#### 【参考范文】

Dear Tom,

Glad to hear from you! You asked about our after-school sports activities, and I'm happy to share with you.

Our school offers a variety of options, including basketball, football, badminton, and even traditional Chinese sports like rope jumping and shuttlecock kicking. These activities not only help us stay fit but also build teamwork and relieve stress. Many students have joined, and the results are great—we're healthier and more energetic in class.

Hope this helps! Let me know if you'd like more details.

Yours,

Li Hua

#### 读后续写

#### 【参考范文】

We worked out an exercise plan that suited all three of us. We rose early in the morning, did some sit-ups and breathing



exercises and then went for a run. We chose unprocessed food rather than fried chips and drank more water. Initial days were tough for me—my legs aching, and sweat streaming down, along with unappealing meals. However, Dad's firm "Keep going" drove me on, while Mum would wipe the sweat from my forehead. Gradually, the painful drills transformed into a sustainable habit.

Now I can feel the benefits. Breathing while working out has become easier and my jeans have loosened around my waist. Dad is content with my steadier pace, murmuring, "You've been a very different man!" I feel more positive. It is these lifestyle changes that have made a real difference. My parents' fitness levels are still far higher than mine, but it's a motivation to keep me going. Finally, the stubborn lump on my neck disappeared, which was an reward for my efforts.

## 主题群五 历史、社会与文化

### 语境 17 文化习俗与传统节日

#### Part 1 必备知识

##### 活动一 基础知识课前自测

- I. 1. believable 2. suitable 3. loss 4. retired 5. traditional  
II. 1. fade away 2. have a lot in common 3. first hand  
4. seek their fortune 5. in the air  
III. 1. laughing joyfully during the Mid-Autumn Festival 2. made it clear that

##### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ① on ② occasionally ③ when ④ On no occasion should you do  
2. ① convenient ② it ③ to pick ④ if you could reply to me at your earliest convenience  
3. ① from ② to understand ③ I have no choice but to seek your help  
4. ① down ② settled ③ you (should) settle down to consider which one is the most urgent  
5. ① exists; existing ② existence ③ existing ④ you will be surprised that so many chances exist ⑤ Though there exist difficulties in our daily life  
6. ① to learn ② without ③ to offer ④ sat up slowly with great effort  
7. ① about ② up ③ down ④ brought back my faith

##### 障碍词汇综合练

- I. 1. ① n. 角色; 象征 ② v. 计算 ③ n. 轮廓 ④ n. (重要的) 人物 ⑤ v. 是重要部分 2. ① v. 把……附(在……上)  
② adj. 蕴含的 ③ v. 重视 ④ adj. 依恋的 ⑤ v. 珍视  
II. 1. (to) globalize 2. to apologize 3. organized  
4. be recognized

#### Part 2 关键能力

##### 活动一 过阅读关

【语篇解读】文章介绍了英国的一些烹饪类电视节目使更多的英国人改变了饮食习惯并爱上烹饪。

1. A [推理判断题。根据第一段中的“But is British food really so uninteresting? Even though Britain has a reputation for less-than-impressive cuisine”可知,英国的食物通常被认为是简单的、不吸引人的。故选 A。]  
2. D [推理判断题。根据第二段最后一句“It seems that TV programmes have helped change what people think about cooking.”可知,英国的烹饪类电视节目对观众影响很大,改变了他们对烹饪的看法。authoritative“权威性的”; creative“富有创意的”; profitable“有利可图的”; influential“有很大影响的”。故选 D。]  
3. D [细节理解题。根据第三段第二句“Almost one third say they now use a wider variety of ingredients (配料) than they used to”可知,近三分之一的人表示他们现在使用的配料比以前更丰富了。故选 D。]  
4. B [推理判断题。根据最后一段最后一句“With an increasing number of male chefs on TV, it's no longer ‘uncool’ for boys to like cooking.”可知,随着越来越多的男厨师出现在电视上,男孩们喜欢烹饪不再是“不酷”的事了。因此可推断,接下来作者可能会介绍一些电视节目中的男厨师。故选 B。]

##### 语篇精读

- 二、1. ① adj. 一肉两蔬的 adj. 预制的 ② n. 分析师 ③ n. 编排 ④ adj. 不酷的; 不受欢迎的; 不符合潮流的  
2. ① 进入某人的脑海; 被某人想到 ② 而不是 ③ 远离; 摒弃 ④ 坚持; 固守 ⑤ 在……方面的增长 ⑥ 申请 ⑦ 各种各样的 ⑧ 对……产生兴趣  
三、1. 尽管英国饮食素来声誉平平,但如今该国涌现出更多优秀厨师,他们频繁现身电视荧屏,且其食谱屡登畅销书榜首。  
2. 英国人正摒弃传统的“一肉两蔬”和预制餐,在烹饪习惯上变得更有冒险精神,这多亏了电视厨师,而非任何广告宣传。

##### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. invite you to our online event; which will be held next Wednesday 2. present AI-powered lantern displays; merging tradition with modernity 3. As a cultural ambassador; enrich our dialogue on global diversity 4. share your expertise on how festivals bridge communities worldwide 5. add a unique dimension to this gathering 6. to celebrate shared human experience through cultural exchange

##### 下笔成文

##### 【参考范文】

Dear Peter,

I am writing to cordially invite you to our online event “Discover Chinese Festivals”, which will be held next Wednesday. This initiative aims to foster cross-cultural understanding by showcasing the profound heritage of Chinese traditional festivals. Students will also present AI-powered lantern displays, merging tradition with modernity.

The event will commence at 3:00 pm and will feature virtual reality tours of historical celebrations and interactive Q&A sessions. As a cultural ambassador, your insights into Western

holiday traditions and comparative perspectives would greatly enrich our dialogue on global diversity. We sincerely hope you could share your expertise on how festivals bridge communities worldwide.

Your participation would add a unique dimension to this gathering. Let us embrace this opportunity to celebrate shared human experience through cultural exchange!

Yours,

Li Hua

## 语境 18 对社会有突出贡献的人物

### Part 1 必备知识

#### 活动一 基础知识课前自测

- I. 1. scientific 2. relativity 3. consequence 4. assistant  
5. honoured 6. recognition 7. awareness 8. depression  
II. 1. through trial and error 2. paid off 3. once and for all  
4. was noted for 5. make a significant difference  
III. 1. Deeply touched 2. So significant was; that  
3. Upon developing

#### 活动二 核心知识查缺补漏

##### 核心词汇多维练

1. ①conclusion ②In ③with ④a. concluded from my own experiences that b. came to/reached/arrived at/drew a/the conclusion from my own experiences that  
2. ①admirer ②admirable ③for ④looked at their math teacher with/in admiration  
3. ①awards ②for ③to ④a. When awarded first prize  
b. Being awarded first prize  
4. ①to be ②suspected ③suspects ④a. never suspects that we cannot achieve our dreams b. never suspects us of failing to achieve our dreams  
5. ①to blame ②for ③Blamed for the breakdown of the school computer network  
6. ①intention ②for ③a. intended to provide help for the homeless b. with the intention of providing help for the homeless  
7. ①to ②importance ③it's vital that we (should) begin with small things

##### 障碍词汇综合练

- I. 1. ①v. 全心全意投入 ②n. 承诺;信念 ③adj. 坚定的  
④v. 投入,献身 ⑤n. 奉献 2. ①n. 参与 ②n. 投入 ③v. 使参与 ④adj. 需要投入的 ⑤adj. 牵涉的  
II. 1. reference 2. assistance 3. movements 4. achievements

### Part 2 关键能力

#### 活动一 过阅读关

【语篇解读】 本文是一篇说明文。文章指出了微塑料污染的普遍性,并介绍了中国研究人员的新发现:煮沸并过滤自来水可去除水中的微塑料(效果取决于水的硬度)。

1. C [写作手法题。第一段中作者通过列举微塑料在深海、喜马拉雅山脉、火山岩石、海鸟胃里和南极洲下的雪中的存在,来呈现微塑料污染问题。因此,作者是通过举例子的方式来呈现问题的。故选 C。]

2. A [细节理解题。根据第三段第一句“Crucially, this process relies on the water containing enough calcium carbonate(碳酸钙) to trap the plastics.”可知,水的硬度决定了捕获水中微塑料的效果。下文补充说将含有 300 毫克碳酸钙的硬水(hard water)煮沸可使微塑料含量降低近 90%,但将碳酸钙含量低于 60 毫克的样本煮沸仅使微塑料含量降低了 25%。因此,水的硬度是影响捕获微塑料效果的关键因素。故选 A。]

3. B [推理判断题。根据第四段内容“Still, the findings show a potential path forward... a task that's becoming increasingly difficult... contains 10 to 1,000 times more microplastics than originally thought.”可知,减少微塑料接触这项任务正变得愈发艰巨,即使是瓶装水,其微塑料含量也比最初认为的高出 10 至 1 000 倍。因此,作者试图通过提到瓶装水来强调微塑料问题的严重性。故选 B。]

4. D [推理判断题。根据最后一段中的“We should be looking into upgrading drinking water treatment plants so they remove microplastics.”可知, Gauchotte-Lindsay 的建议与研究结果的潜在应用有关。故选 D。]

#### 语篇精读

二、1. ①adj. (水质)硬的 n. (数量)下降 ②n. 暴露;接触  
③n. 微塑料 ④n. 摄取量 ⑤v. 升级;提高;改善 n. 工厂;处理厂

2. ①依赖;依靠 ②减少了…… ③专注于 ④参与;参加

⑤调查;仔细查看

三、1. ……它们(微塑料)已沉积在深海和喜马拉雅山脉,嵌入火山岩内部,填满海鸟的胃囊,甚至飘落在南极的新雪之中。

2. 科学家仍在试图确定微塑料的危害程度,但其已知信息已引发担忧。

#### 活动二 过表达关

##### 应用文写作

##### 实用句式

1. In my eyes 2. As an extraordinary scientist 3. while extracting the useful substance 4. After they finally made it  
5. have a great impact not just on the world of science but also on the well-being of people 6. she definitely deserves to be respected as the most beautiful person

##### 下笔成文

##### 【参考范文】

#### The Most Beautiful Person in My Eyes

It is such a great privilege for me to deliver a speech today. In my eyes, the most beautiful person is Tu Youyou.

As an extraordinary scientist, she discovered the cure for malaria with her team, saving the lives of millions of people. Actually, she failed countless times while extracting the useful substance from Chinese medicine, but she never thought about giving up. After they finally made it, she even tested the medicine on herself. Her contributions have a great impact not just on the world of science but also on the well-being of people, especially those in underprivileged communities.

Anyway, she definitely deserves to be respected as the most beautiful person.

Thank you for listening.